Driving through Nanyuki from Nairobi on the main street, turn left after the Total petrol station.

After about 8.5km out of town turn right at a group of signs (The key one being Daraja Academy).

After another 21kms, at the end of the tarmac, you will see a dirt road bearing off to the right and a sign (To Dol Dol). **Do not** take this road. Keep straight on the dirt road for another 20kms not taking any of the roads either side you will pass a sign for Ol Jogi on your right.

You will then come to a large metal bridge across the Ewaso Nyiro river. Cross the bridge and turn left at the T-junction following the rock painted sign to Mpala Research Centre (a right turn will take you to Mpala Ranch House).

About 100m further, there is a second sign indicating Mpala Research Centre to the left. This is the main entrance to MRC.